



U3A BERMAGUI NEWSLETTER

University of the Third Age in Bermagui

PO Box 160 Bermagui NSW 2546 Web: www.bermagui.u3anet.org.au

3rd Term 2012

July



**Registration Day
is at the
Country Club on
Wed 4 July
from
10am to 12noon**

Term 3

Monday 16 July
to Friday 21 Sept

Term 4

Monday 8 Oct
to Friday 21 Dec

Please remember to
wear your yellow
2012 U3A badge to
class!

From the President

Welcome to our winter term for 2012. We have a great winter timetable ready for you to enrol! Our Registration Day is Wednesday 4th July 10am-12 noon at the Bermagui Country Club auditorium. As usual we will have leaders present to answer questions about their courses and you can catch up with friends and check up on the latest with committee members. If you know you cannot attend, please contact the subject course leader direct before Registration Day, so they can put your name on their list.

Just a reminder about our great website. If you have friends asking you about us, or wishing to join, please advise them to google U3A Bermagui and they'll be able to download a membership form. The timetable and course information is always on site. It is also a good idea for members to check the news section to keep up to date. A big thank you to Bob and Ines who keep the website and newsletter up to date!

We now have 174 financial members with 63% opting to receive their newsletter via email. Thank you! It has made a big difference financially.

Good news! We were successful in receiving a community grant from IMB. This means we can now buy our own computer and not have to rely on committee goodwill.

Hopefully you will have noticed two new advertising items. We now have a new sign made by the Men's Shed that will advertise our registration days. This will be displayed a week beforehand, outside Marshall & Tacheci Real Estate. Thank you to our advertising team, especially Lois Irwin. Also, the articles by Linda Pilton about the writing course in term one were printed in The Triangle and Narooma News. I invite members to write and tell us about the courses they attend and then we may be able to publish them in the future.

So please enjoy browsing through the newsletter and the new timetable. Travel Tales and Classical Music are on holidays but we have some brand new courses and a number of one-off workshops.

Kerry Davies

U3A NSW is promoting a DVD about fire prevention in the home, *Better Safe than Sorry*. Narrated by Henry Szeps, it says people over the age of 65 make up a quarter of fire related deaths. You can view it by going to the U3A NSW website via the link on our website (see above).

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Courses for Term 3 — Timetable is on page 4

Film and Lunch

Are you interested in coming to a good film in Narooma once a month? We will organise a recommended film for the first Monday of each month at 10.30am, followed by lunch in Narooma, Tilba or Kianga. Film recommendations come from John, who runs the Kinema, or from you. This is a good chance to catch a film you wanted to see. Please phone Jane with suggestions. Car pooling is possible, so if you can assist, or need a ride, please advise.

Fundamentals of Acting

Fundamentals of Acting is a practical course in which the student becomes aware of the nature of acting, the skills and methods necessary for a successful performance and acquires basic techniques which will enable him/her to prepare and perform anything from a 30 second sketch to a three hour play. Sounds incredible, but it is true!

French

This is a course in conversational French with some necessary grammar for anyone who learned the long forgotten French basics in high school. The aim is to increase step-by-step the vocabulary to arrive at some fluency in talking in French.

Walker and Talkers

This walking group is for those who enjoy walking and talking as they go. Walks will be for about an hour and we shall go on walks along the coast and through the forests around Bermagui. Stout footwear is advised and we can walk at our own pace. Optional coffee break at the end of each walk. Meeting place: Horseshoe Bay car park under the trees behind the Bermagui Surf Life Saving Club.

Computing

Andy will guide you through the mazes of basic computer maintenance and computer software. This is a workshop-style course where participants have their computing questions answered and demonstrations provided on a laptop computer.

Knitting and Crocheting for Charity

A course to teach knitting and crocheting, or if you already have these skills, an opportunity to use them to produce blankets, baby jumpers, and beanies to be

sent to those in need. Enjoy a get-together and a coffee while knitting.

Relax and Be One with Your Life

A few physical and meditative relaxation techniques can greatly enhance your physical health and mental wellbeing. In this group Eva would like to share with you what has helped her personally, and to have discussion on methods we have already developed to be happy and at one with our lives.

Beginning Computing

A course to teach the basics of computing. Tom will discuss all introductory aspects of computing, including both hardware and software issues. If you want to know about any computing issue from loading programs to using email, then this is the course for you.

Spanish

With an emphasis on group conversation, this course will teach the basics of the Spanish language. If you want to learn the third-most popular language in the world (after Mandarin and English), here is an opportunity to do so.

Art History

This popular course, led by Rona, studies the works of a different painter, sculptor or architect each term. In 3rd term, 2012, the study will focus on Medieval art of Great Britain.



Ivan's Wine Making Workshop in June was a great success. We sampled his fruit wines and went away inspired to make our own. A follow-up meeting may be needed to try these and compare notes.

NEW Courses and Special Events

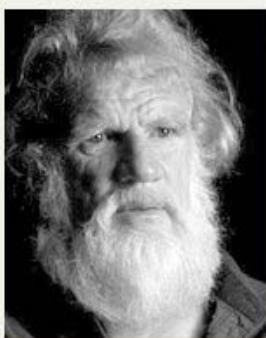
An Entertaining & Informative Look at World War I

This course will give an overview of what happened in The Great War, 1914 to 1918; explain why The Great War was different to other conflicts; look at changes in tactics during The Great War; examine Australia's involvement in The Great War; assess the effect of the war on the Bega/Bermagui area; discuss three significant battles - The Somme, Fromelles, Passchendaele; assess the leaders such as Sir Douglas Haig, Sir John Monash.....and then look at topics of special interest to, and nominated by, YOU.

The course starts with a screening of the movie *Oh, What a Lovely War*, followed by a series of lectures/tutorials/class participation sessions, the aim being to give those who enrol an easy-to-understand appreciation of this historically-important 'War to End All Wars'. The cost is just 60c per session (for room hire and course notes) - exactly the same as the basic "6 Bob a Day" paid to Australian soldiers in World War II.

Almost Organic

Moon planting, worm farming, mulching, companion planting, soil assessment, green manuring and plant sequencing are just some of the topics to be covered in this down-to-earth encounter with a real vegie garden. Held on site at the Chinnock's farm, you will learn at a vegie patch which has fed a family of six for 30 years without chemical intervention. Practical and realistic methods will be demonstrated and easy to follow handouts provided. This is a fundraiser for MS, and open to non-U3A members, so bring your family and friends. Donations of \$10 to MS. Free morning tea, handouts and perpetual moon planting dial provided.



An Afternoon with Author Bruce Pascoe

Bruce has published over 20 books of both fiction and non-fiction. His fiction includes *Blake*, *Ocean* and *Earth*. His many non-fiction titles include *Convincing Ground*, *Little Red Yellow* and *Black Book*

and *Dictionary of Wathawoorroong*. Pascoe published and edited *Australian Short Stories* magazine from 1982 to 1999. Bruce lives in Gipsy Point, East Gippsland. Join him in conversation as he reflects on writing Aboriginal experiences and talks about learning to love our country while being honest about our history.

Soft-Footprint Dining

Join Dawn & Ivan in Cobargo for friendship and a shared lunch where the main ingredients have been grown by the participants or sourced from within 100 km. We'll eat locally and seasonally, drink local wines and share our recipes and the provenance of their ingredients. It will be more of a challenge in early Spring to create recipes before the bounty of Summer, but it is possible. There are always local eggs, fish, lamb, chicken and rabbits!

Just Maremmas— no guns, no traps, no poisons

Since Bev and Chris Franks got Maremmas to guard their herd of goats they have not lost stock to foxes, feral dogs and eagles. They are now well-known breeders of Maremmas. Learn about the history of this ancient breed, their use in Australia and how they differ from other working dogs. Get to know and appreciate these delightful and dignified animals!



A Spring Outing

Celebrate the first day of Spring with an excursion focusing on local history, food and friendship. We'll meet at the Bega Cheese Heritage Centre at 10.30 am for a tour and cheese tasting and move on to Thornleigh on Newton, the new restaurant in the beautifully restored grand house at 187-189 Newton Road (Princes Highway) Bega. After a lunch featuring local, seasonal produce we could go our separate ways or join with new friends to visit a nursery or gallery. Participants are responsible for the cost of their meal (main course \$14- \$20). Indicate if you wish to carpool.

Course Timetable Term 3

DAY	COURSE	LEADER	SESSIONS	TIME	VENUE	PHONE
Mon	Film & Lunch	Jane Nevell	6 Aug; 3 Sept	10.30am— 1.30pm	Kinema Narooma	4473 7265 0402240214
Mon	Fundamentals of acting	Peter Paige	6, 13, 20, 27 August	2pm - 4.00pm	Bermagui Country Club	64935472
Mon	French	Monique Deprez	23, 30 Jul; 6, 13, 20, 27 Aug; 3, 10, 17 Sept	2pm—3.30pm	CTC Room 1	64933053
Mon	World War I	Peter Lacey	16, 23, 30 Jul; 6, 13, 20 Aug	16 /7, 10am— 1pm other sessions 10am—11.30	CTC Room 1	64938529
Mon	Almost Organic	Wilma Chinnock	10 September	10am—3pm	11265 Princess Hwy Cobargo	64938310
Tue	Walkers and talkers	Suzanne Sherwood	17, 24, 31 Jul; 7, 14, 21, 28 Aug; 4, 10, 18 Sept	9am - 10am	Meet car park Bermagui Surf Life Saving Club	64935817 0477972702
Wed	Computing	Andy Gomsj	4, 18 Jul; 1, 15, 29 Aug; 12, 26 Sept	10.30am - 12noon	CTC Room 1	64927335
Wed	Knitting & Crocheting for Charity	Leonie Southern	25 Jul; 1, 8, 15, 22, 29 Aug; 5, 12, 19 Sept	10am—11.30	44 Mumbulla St, Bermagui	64934147
Wed	Relax & Be One with Your Life	Eva Schroeder	25 Jul; 1, 8, 15, 22, 29 Aug	2pm—4pm	CTC Room 1	44737180 0409493103
Thur	Beginning Computing	Tom Gradwell	19, 26 Jul; 2,9, 16, 23, 30 Aug; 6, 13, 20 Sept	1pm—3pm	CTC Room 1	64933287
Thu	Art history	Rona Walker	19, 26 Jul; 2, 9, 16, 23, 30 Aug; 6, 13, 20 Sept	10am—11.30am	31 Beauty Point Road, Beauty Point	64935605
Thu	Spanish	Ana Walker	19, 26 Jul; 2, 9, 16, 23, 30 Aug; 6, 13, 20 Sept	9.30am— 11.30am	CTC Room 1	64936746 0417936746
Thu	Afternoon with Author Bruce Pascoe	Bruce Pascoe	16 August	1.30—4.30	CTC Room 1	64934323
Thu	Just Maremmas— no guns, no traps, no poisins	Bev & Chris Franks	20 September	10am—12 noon	267 Nutleys Creek Rd	64934321
Fri	Soft-Footprint Dining	Dawn Hollins	14 September	12noon—3pm	7 Avernus Street Cobargo	64936999
Sat	A Spring Outing	Rona Walker	1 September	10.30am—5pm	Meet at Bega Cheese Heritage Centre 10.30	64935605