



U3A BERMAGUI NEWSLETTER

University of the Third Age in Bermagui

PO Box 160 Bermagui NSW 2546 Web: www.bermagui.u3anet.org.au

4th Term 2011
September



Registration Day
is at the
Country Club on
Wed 28 Sept
from
10am to 12noon

Important
DATE!

Annual
General
Meeting
Fri 4 Nov
2—4pm

We need you there!
Open forum—what
do you want? What
direction in 2012?
Volunteers needed.
Afternoon tea and
book display.
See Kerry's report for
more details.

President's Report

Welcome to our new term in Spring! While Bermagui has been hibernating through the winter term, our U3A committee has been busy. There are twenty courses on offer this Spring, including three one-off special interest sessions.

We have some continuing courses as well as the return of the earlier classes Beating the Blues, Ebay and Digital Photography. Geology returns with extra lessons on mass extinctions. Please take your time to think it over and come along to Registration Day on Wednesday 28 September, 10am-12 noon where you can talk to the tutors. Why not have lunch afterwards at the club restaurant?

U3A organisations across NSW are in the process of adjusting their constitutions to fit in with new requirements of the Office of Fair Trading. In so doing, it is giving us the opportunity to consolidate committee positions and to restructure some of the roles. These changes will be presented at the **Annual General Meeting on Friday 4th November 2pm-4pm** at the Country Club. There will be email send-outs and Triangle/noticeboard

announcements to give members the opportunity to read about the details of the new structure via computer or in the local libraries. It will also be on display at Registration.

At our Open Forum at the AGM, I will be asking members for input into how we run our U3A. Specifically I will ask what your needs are as members, and whether we can provide for those needs. When members give input, it leads to a wider array of courses being offered. This means we need more tutors offering to lead courses. Do you have experience or knowledge you would like to share? Talk to any tutor and they will say that what a pleasure it is to give a course!

A delicious afternoon tea is part of our AGM. Come along to the Country Club auditorium and join in.

Our website has been developing over the year. The former gmail account is closed, so please refer to our website for contacts and up-to-date news. See www.bermagui.u3anet.org.au Thank you to Bob Hughes for offering to be our webmaster.

Kerry Davies



Our U3A luncheon at the Terrace Restaurant on 5 August was a great success. We had a choice out of five dishes and for \$10 everyone thought it was great value. There was lots of cheerful chatter with much praise handed to the staff for catering for 38 guests.

eBay

Do you have something to sell, or wish to buy at less than retail cost? If so, then join the 277 million registered users of eBay. Week 1 - the history of eBay and what is allowed to be advertised. Weeks 2 - 4, buying, auctions, bidding and dodgy sellers. Weeks 5 and 6 - selling, attracting buyers and which buyers to avoid.

Geology

Ray will cover the basics of the science of geology and demonstrate the importance of geology in our lives. A new section of this course will discuss the five mass extinctions that have occurred in past ages, where high percentages of all species alive at that time have died out (e.g. 96% of all life died during The Great Dying Extinction in the Permian Period).

Classical Music Appreciation

This popular course is for the relaxed listening of classical music which may be new to you. It is not a technical music course, but rather an opportunity to listen, appreciate and learn about classical music.

Watercolour Painting

This watercolour painting course is designed specifically for beginners. Jenny will teach the basics of watercolour painting, including the best materials to use and the various techniques that can be applied.

Creative Writing

Do you want to explore your creativity and improve your writing skills? This is a course for people who love telling stories, who want to learn how to write what's important to them, such as their life stories for their children's children.

What a Good Idea

Kerry hosts a discussion group based on ideas and issues that have a bearing on our world as the 21st century unfolds. The structure will follow issues brought up in A C Grayling's book, *Ideas That Matter - A Personal Guide To The 21st Century*.

Digital Imaging

This course is aimed at people who wish to improve their photography skills. It will deal with the controls that modern digital cameras offer, and then use Picasa to prepare images for printing, emailing and

displaying on the internet. Each class will include a question and answer session and hands-on instruction on cameras and computers.

Computing

Andy will guide you through the mazes of basic computer maintenance and computer software. This is a workshop-style course where participants have their computing questions answered and demonstrations provided on a laptop computer.

Beginning Computing

A course to teach the basics of computing. Tom will discuss all introductory aspects of computing, including both hardware and software issues. If you want to know about any computing issue from loading programs to using email, then this is the course for you.

Beginning Computing Workshop

As a follow-up to the Beginning Computing course, this workshop provides an opportunity for you to raise any questions you have about the use of computers. This workshop is presented at a less advanced level than the similar workshop offered by Andy Goms.

Spanish for Beginners

With an emphasis on group conversation, this course will teach the basics of the Spanish language. If you want to learn the third-most popular language in the world (after Mandarin and English), here is an opportunity to do so.

Art History

This popular course, led by Rona, studies the works of a different painter, sculptor or architect each term. In 4th term, the study will centre on British painters who were influenced by the Dutch and German artists who emigrated to England in the 16th and 17th centuries.

English Comedians

Feeling depressed, life getting you down? Come and listen to Pam Ayres, Victor Borge, The Two Ronnies, Monty Python, and Flanders and Swann. Have a laugh at Pam Ayres' description of a childhood holiday (Guppy's Camp) and Monty Python's 'The Four Yorkshiremen'.

NEW Courses



Come along on a one-day excursion to visit Jervis Bay and view the wildflowers which are in season during October. Bring a picnic lunch and have a pleasant day out with like-minded folk. Monday 10 October

One Day Session—The Balinese Experience

During this session, Kerry will give a talk on Bali-style gardens and everything else Balinese. Using photographs and a walk around her garden, she will demonstrate what makes you feel so good when you walk into a Balinese space, and show you how to create that feeling in your own room, courtyard or garden. Monday 7 November

Working with Natural Fibres—one workshop

Discover the pleasure of working with natural fibres with this introductory workshop. It will explore a range of fibres and their uses. Friday 11 November.

Intolerances, Allergies and Toxins

In three sessions the course will study human intolerances and allergies. It will help you recognize and manage them, particularly in relation to food. It will suggest ways to cook for yourself, and others. 17, 24, 31 October.

Beating the Blues

If you, or a family member or friend, has ever had a small or large dose of the 'blues', then this course is for you. You will learn the medical science of mental health, and most importantly, self-help techniques to improve your mental health. This is not a support group, but you can expect to beat the blues if you put what you learn into practice. Six sessions.

Knitting and Crocheting for Charity

A course to teach knitting and crocheting, or if you already have these skills, an opportunity to use them to produce blankets, baby jumpers, and beanies to be sent to those in need. Enjoy a get-together and a coffee while knitting.

Cooking for One

This practical course will be held at Rona's house and will demonstrate healthy and cost effective ways to cook nutritious lunch-time meals for a person living on their own.



Investment Strategies in Retirement

This is a one-off presentation by Lifestyle Financial Advisers to provide an economic update, a setting of investment strategies in retirement and methods to maximize Centrelink in retirement planning. In addition to the financial advisers, an Information Service Officer from Centrelink will give a presentation.

U3A Committee contact details

President	Kerry Davies	64934323	president@bermagui.u3anet.org.au
Vice-President	Rona Walker	64935605	
Secretary	Joan Hunter	0423476563	secretary@bermagui.u3anet.org.au
Treasurer	Lyn Van Kampen	64935139	
Course Coordinator	Ray McLeod	0418937475	courses@bermagui.u3anet.org.au
Membership	Lyn Van Kampen	64935139	membership@bermagui.u3anet.org.au

The Newsletter Manager is Ines Judd. Ron Sturgess, Malcolm Halliday and Betty Craze are on the Newsletter Sub-committee and are also running the Social Committee.

DAY	COURSE	COURSE LEADER	START	FREQUENCY	TIME	VENUE	
Mon	The Balinese Experience	Kerry Davies	7 Nov	One session	1.30 - 4.30pm	77 O'Connells Point Road, Beauty Point	64934323
Mon	Intolerances, Allergies and Toxins	Rona Walker Maggie Camfield	17, 24, 31 Oct	3 Sessions	2.30 - 4.00pm	31 Beauty Point Road, Beauty Pt	64935605
Mon	Jervis Bay Wildflowers Excursion	Rona Walker	10 Oct	One day session	All day	Field trip	64933800
Mon	eBay	Ron Sturgess	10 Oct	Weekly	11.00 - 12.30	CTC, Room 1	64933751
Tue	Geology	Ray McLeod	11 Oct	Weekly	9.30 - 11.30am	CTC, Room 1	64935980
Tue	Classical Music Appreciation	Malcolm Halliday	18 Oct	Fortnightly	2.00 - 4.30pm	108 Fairhaven PT Way	64934537
Tue	Watercolour Painting	Jenny Halliday	11 Oct	Weekly	1.30 - 3.30pm	Bermagui Country Club	64934537
Tue	Beating The Blues	Wilma Chinnock	25 Oct	Weekly, 6 sessions	2.00 - 3.30pm	CTC, Room 1	64938310
Wed	Creative Writing	Maggie Camfield	12 Oct	Weekly	10am - 12.30	CTC, Room 2	0488517200
Wed	What A Good Idea	Kerry Davies	12 Oct	Weekly	2.00 - 3.30pm	CTC, Room 1	64934323
Wed	Computing	Andy Goms	12 Oct	Fortnightly	10.30 - 12.00	CTC, Room 1	64927335
Wed	Knitting and Crocheting for Charity	Leonie Southern	12 Oct	Weekly	10 - 11.30am	44 Mumbulla St	64934147
Wed	Digital Imaging	Peter Cotton	12 Oct	Weekly, 7 sessions	10am - noon	8 Gibboketon Place, Fairhaven	64933800
Thurs	Beginning Computing	Tom Gradwell	13 Oct	Weekly	1.00 - 2.30pm	CTC, Room 1	64933287
Thurs	Beginning Computing Workshop	Tom Gradwell	13 Oct	Weekly	2.30 - 4.00pm	CTC, Room 1	64933287
Thurs	Spanish for Beginners	Ana Walker	13 Oct	Weekly	9.30 - 11.30am	6 Jerimbut St, Bermagui	64936746
Thurs	Art History - British Painters	Rona Walker	13 Oct	Weekly	10 - 11.30am	31 Beauty Point Road	64935605
Thurs	Investment Strategies in Retirement	Lifestyle Financial Advisers	10 Nov	One session	12-2pm	CTC Auditorium	64952224
Fri	Cooking For One	Rona Walker	14 Oct	Weekly	11am - 2.00pm	31 Beauty Point Road,	64935605
Fri	English Comedians	Ron Sturgess	14 Oct	Weekly, 6 sessions	11am - 12.30	77 O'Connells Point Rd	64933751
Fri	Working with Natural Fibres	Bev Franks	11 Nov	One session	10—12 noon	Mundui Farm, 267 Nutleys Creek Rd	64934321