



U3A BERMAGUI NEWSLETTER

University of the Third Age in Bermagui

PO Box 160 Bermagui NSW 2546 Web: www.bermagui.u3anet.org.au

<term>

<month>

From the President



<term_dates>



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Courses for Term 2

Film and Lunch

Are you interested in coming to a good film in Narooma once a month? Meet at the Kinema in Narooma at 10.00am on the first Monday of each month. Details of the movie and lunch will be phoned or emailed beforehand. Movie is \$10 per person and lunch at own cost. Feedback welcome.

Understanding Our Neighbour - Indonesia

This course continues from Term 1 and 2, going from west to east in Indonesia. Each session is self contained. We begin Term 3 with Easy Java, home of the Majapahit Empire in the 14th century. Then we move to the island of Bali and concentrate on its arts, culture and the social structure of Balinese society. We discuss why Australians are so enamoured with Bali and its impact on the local community. Cost is \$2 per session.

French

We continue our French course with conversation, grammar, reading a novel in French and translation. Anyone with a basic remembrance of high school French is welcome. Cost \$1 covering hire of room and some printing.

Book Chat Narooma

Read, talk, laugh, think! Informal get together at Narooma Library for book lovers to discuss books on a different theme each month. Everyone welcome.

Advanced Colloquial Italian

Requires basic Italian grammar and some conversational experience. Textbook required (\$25). Written work encouraged and corrected in class. \$3 per session to cover booking fee and photocopying material used in class. Tea/coffee and refreshments provided.

Computers For Beginners

For first time users of Windows. All about using the keyboard, mouse and the screen. Windows accessories such as Paint, Wordpad, Windows Explorer including files and folders.

My Stroke of Insight

This is a repeat of the popular course of the same name in 2010, to coincide with Stroke Week in September. Jill Bolte-Taylor is a neuro-scientist who

had a massive stroke when she was in her thirties. The book is her story of recovery and her analysis of how the plasticity of the brain works. It is a remarkable story. We go through the book, chapter by chapter, and also have interactive brain work wherever it is appropriate to the chapter. You do not need to have read the book to come and discuss the issues. Check her out on YouTube. Cost is \$2 per session.

Spanish

With an emphasis on group conversation, this course will teach the basics of the Spanish language. If you want to learn the third-most popular language in the world (after Mandarin and English), here is an opportunity to do so.

Art History

This popular continuing course is led by well-known artist and teacher Rona Walker. This term the focus will be on pre-Greek and Greek art.

Book Chat Bermagui

Why do we read? What is the value of literature? Do we read for pure enjoyment or is it more? Get together with other readers once a month to share and talk about interesting books you have read. Fiction and non-fiction. Hear recommendations and maybe read books you never have thought of before. Discussion often leads in interesting directions - questions of ethics, philosophy and society. You can talk or just listen.

Linguistics - The Science of Language

This term we will look at the origins and development of the English language with particular reference to the early Middle English period. Cost will be \$1 per session to cover room hire and photocopying. Writing materials are needed but no other special equipment or materials other than your brains are required.

Stitchers Plus

For all needleworkers, knitting and crochet, and any small handcrafts. Join our small friendly group and work on your own project. We also share our skills and knowledge so there is always something new to learn. All ability levels welcome, and we are happy to help beginners set up a new project. Participants

NEW Courses

Communication - a Game We All Play

We begin communicating as toddlers and we practice it every day of our lives. So how come we sometimes struggle getting our message across? Come along and learn, practice and have fun - communicating in this new technical era can be a challenge for us all. Areas we will spend time on include listening; gaining the attention of others; communicating at home - yes it is different to communicating in a work place; differences between written and oral communication; communicating with younger generations; identifying poor communication habits we've developed.

Introduction to Fly Fishing

Each session will begin with a discussion of approximately one hour. Topics covered will include a detailed look at rods, reels, lines, leaders and tippets, accessories, clothing and safety. The remaining time will be basic casting instruction covering overhead, side, back and roll casting. There will be no cost to

participants.

Adventures in Mathematics

Be adventurous and find out how the ancient Mayan, Roman and Egyptian civilizations used mathematics. This four-week course will be full of fun and build your confidence in achieving at mathematics. No previous mathematical experience or success is needed. The class will progress at a manageable pace with interesting ideas and challenges designed to be achievable and satisfying. Optional homework will be offered each week. Bring pens, pencils, rules and exercise book. Total course cost will be \$15 payable at registration day. This will cover refreshments, photocopying and a \$5pp donation to the Life Saving Club for use of its facilities.

A Preparation for Writing

This course will bring participants who lack confidence with written language to a level of fluency

One Day Courses & Special Events

Birdwatching in the Bermagui Area

The initial meeting will establish what participants want to do, but it is likely that the group will meet on field trips to various areas to look at birds. Unlikely to be additional costs to participants (apart possibly for fuel), but we might finish our walks at a cafe! Advice on what to carry on walks will be provided before walks. Please express your interest on Registration Day, or by phoning Sylvia.

Creative Rug Hooking

Learn how to make old fashioned rug mats with Lin, who now uses recycled clothing to create colourful wall hangings. There is no cost to participants as this is a demonstration only. Lin will give all participants a 'hands-on' opportunity to try the technique on the day.

Felting Workshop

Bev is well known for her felted garments and accessories. This will be an opportunity to learn the technique in her workshop at Mundui Farm. Cost to participants is \$7 to cover materials which Bev will supply.

Cardmaking With Own Photographs

Carla will show participants how to best take a photograph. Then they will each take a photograph with their own camera but must bring a compatible computer lead so they can be loaded onto Carla's computer. If participants do not have a camera then they can use Carla's. Participants will then learn to crop the photographs etc. and then each participant will be shown how to trim the photograph and put it onto a card, which they will make themselves. Cost is \$4 to cover tea/coffee and cake.

Guided Tour - Indigenous Art Exhibition

Join Sapphire Coast U3A on a guided tour of Monaroo Bobberra Guduan. This exhibition is a celebration of local indigenous culture and heritage with an emphasis on sustainable preservation. Curator Megan Bottari, along with a cultural guide from Jigamy Farm, will present a guided floor talk. Following the presentation, join us for lunch at Cafe Evolve. No cost for tour, lunch at own cost.

Almost Organic

This one day workshop

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One Day Courses & Special Events continued

DAY	COURSE	COURSE LEADER	SESSIONS	TIME	VENUE	PHONE
Mon	Film and Lunch	Jane Nevell	5 Aug; 2 Sep	10.00am - 2.00pm	Kinema, Narooma	44737265 0402240214
Mon	Bermagui Local History	Judi Hearn	2,3,4 Sep	9.00am - noon	Meet outside Community Centre	0427897261
Mon	Understanding Our Neighbour - Indonesia	Kerry Davies	5,12,19,26 Aug; 2,9,16 Sep	2.00 - 3.45pm	77 O'Connells Point Road, Bermagui	64934323 0414243490
Mon	French	Monique Deprez	15,22,29 Jul; 5,12,19,26 Aug; 2 Sep	2.00 - 3.30pm	CTC	64933053
Mon	Book Chat Narooma	Diane Webster	8 Jul; 12 Aug; 9 September	10.30am - noon	Narooma Library	44762961
Tue	Oil Painting	Rona Walker	16,23,30 Jul; 6,13,20,27 Aug; 3,10,17 Sep	10.00 - noon	31 Beauty Point Road Beauty Pt	64935605
Wed	Advanced Colloquial Italian	Paolo Colombo	17,24,31 Jul; 7,14,21,28 Aug; 4,11,18, Sep	1.30 - 3.30pm	CTC	64937385
Wed	Computers For Beginners	Tom Gradwell	17,24,31 Jul; 7,14,21,28 Aug; 4,11,18, Sep	1.00 - 5.00pm	SLSC	64933287
Wed	Travel Tales	Lynne Van Kampen	17,24,31 Jul; 7,14,21,28 Aug; 4,11,18, Sep	10.00am - 12.00 noon	7 Alexander Drive	64935139 0428447203
Thu	My Stroke of Insight	Kerry Davies	8,15,22,29 Aug; 5,12,19 Sep	2.00 - 3.45pm	SLSC	64934323 0414243490
Thu	Spanish	Ana Walker	18,25 Jul; 1,8,15,22,29 Aug; 5,12,19 Sep	9.30 - 11.30am	CTC	64936746 0417936746
Thu	Art History	Rona Walker	18,25 Jul; 1,8,15,22,29 Aug; 5,12,19 Sep	10.00 - 11.30am	31 Beauty Point Road Beauty Pt	64935605
Fri	Book Chat Bermagui	Ilona Payne	19 Jul; 16 Aug; 20 Sep	1.00pm - 2.30pm	Bermagui Library	64935619
Fri	Linguistics - The Science of Language	Malcolm Privett	19,26 Jul; 2,9,16,23,30 Aug; 6,13,20,27 Sep	1.30 - 3.30pm	CTC	64940022
Fri	Stitchers Plus	Rosemary Knight	19;26 Jul; 2,9,16,23,30 Aug; 6,13,20 Sep	10.00am - 12 noon	Bermagui Country Club	64934308 0400070150
	Communica-		22 Jul; 5 19			